

CENTRA COLLEGE

CATALOG & STUDENT HANDBOOK

Spring 2020 ADDENDUM:

Dress Code

Primary Location:

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Branch Location:

Centra College (Nurse Aide Education Program)
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Bedford, VA 24523
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This handbook is designed to provide students with information about the programs of study at Centra College of Nursing ("College"). It sets forth, in general, how the College operates but the College reserves the right to change policies and procedures without notice. This handbook is not intended to be and should not be regarded as a contract between the College and any student or other person. Students are held responsible for knowing the information contained in the Catalog & Student Handbook. Failure to read or comply with the Handbook will not excuse the student from accountability. Changes are communicated via the website and MOODLE.

DRESS CODE

The appearance of the nursing students of Centra College is vitally important in our association with patients, visitors, and employees. It is the policy of the hospital that nursing students maintain personal cleanliness, good grooming, and appropriate dress while in the health care facilities of the organization.

Many of the requirements for students are based on rules and regulations established by hospital administration. The faculty is responsible for students' adherence to the Dress Code as well as all college and hospital/agency policies.

Students (A.D.N. & P.N. programs)

A. Dress in Uniform:

- Students are to dress for clinical in the official College, specific program, uniform. The uniform is completed with socks, hose, and all white or black leather closed toe and closed heel shoes.
- College issued identification badges **must be worn at all times** when in class and clinical areas. Badges are to be returned at the end of each academic year or when not enrolled in the College.
- Hair must be neat and secured so as not to interfere with patient care. Longer hair past the ears must be tied back. Students may be required to secure the hair, so it is off the collar. If a student chooses to use a headband, it must be a solid color, no larger than 1.5 inches, and bandanas are not acceptable.
- Facial hair must be kept clean and neatly trimmed.
- No jewelry is permitted with the uniform except a watch, an engagement and/or wedding band, and small earrings (¼ inch or less). A maximum of two small stud earrings (1/4 inch or less) per ear is allowed. No other pierced body parts shall be visible with the exception of a tragus or small nose **STUD** piercing. (Jewelry on the tongue, eyebrows, and upper lip will need to be removed.)
- **Offensive** tattoos must not be visible. They may be covered by clothing or bandages.
- A white lab coat may be worn with the uniform. Sport sweaters and jackets are not acceptable.
- Students may wear appropriate garments under the clinical uniform top. These include white T-shirt or black T-shirt (short and long-sleeve), tank tops, or camisoles with no printing.
- No gum is to be chewed while the student is in the clinical area.
- Good grooming habits will include bathing and using an effective deodorant.
- Fingernails must be kept short and be well manicured. One-eighth (1/8) inch beyond the finger is acceptable (when you look at the hand from the palm side you should not see more than 1/8 inch of nail). Unacceptable fingernails are those which are long/sharp enough to cause disposable gloves to tear while being worn in the normal course of duty. Nail polish, if worn, must be clear and be free from chips and cracks. Artificial nails are not permitted. This includes tips, wraps, acrylics, and gels. Wraps

include any silk, fiberglass, or fabric enhancer that is glued to the natural nails. Acrylic nails are created using a paste that is applied to a natural nail or nail tip. A gel is brushed onto a natural nail or tip and hardened by ultraviolet lighting. Nail jewelry is not permitted.

- Perfumes, colognes, or any scented products may not be worn in patient care areas.
- Pins, badges, or insignias which represent an award or achievement in nursing may be worn. All other pins, badges, or insignias are prohibited.
- Students working in a department where a special uniform is worn must conform to the policy of that department.
- Appropriate street clothes may be worn by students on specified clinical rotations.

Students (Nurse Aide Education program)

- Students are required to wear the assigned uniform of a white scrub top, hunter green scrub pants and white shoes (no design or slip- on allowed) during clinical days.

NOTE: Students are to wear the student uniform only when on assigned clinical experiences. The uniform places the student legally in the role of a student nurse or student nurse aide who is under the direct supervision of an instructor, and therefore should not be worn to places of employment or in the community.

B. Dress for Class

Students are expected to dress in good taste. Jeans and Capri/crop pants may be worn to class but not in the clinical area of the hospital. Shorts (appropriate length) may be worn to class but may not be worn in the hospital or cafeteria. Lab coats are not to be worn to cover inappropriate dress.

The following are considered inappropriate dress for class or clinical:

- Spaghetti straps and racer back tops; straps should be 2 inches in width
- Form-fitting clothing; undergarments should not be visible through clothing or above the waistline of outer apparel
- Extremely short clothing or low neck tops
- Visible skin between upper and lower garments (sitting or standing)

C. Dress for Clinical Preparation

- Whenever off duty students are in the clinical area, they must wear their student lab coat over street clothes.
- Identification badges are to be worn at all times when the student is in the hospital building.
- Lab coats are not to be worn to cover inappropriate dress.
Jeans, shorts, capri pants and crop pants may not be worn to a clinical unit for any reason, even with a lab coat.